Retired, looking for a new experience or wanting to give back to your community? <u>VON</u> is always in need of volunteers to assist with a variety of our programs and activities.

We will match you with an interesting opportunity that puts your skills to use in one of our many programs:

- Adult Day Program
- SMART Exercise Programs
- Community Corporation
- Administrative Support
- Foot Care Clinics
- · Assisted Living/Supportive Housing

If you or someone you know is interested in becoming a volunteer with VON please contact:

Robin Millette, Volunteer Services Coordinator:

705-745-0188 ext 6450

robin.millette@von.ca

